

Diocese of Northampton *Call and Care Scheme*



My name is

I live in the parish of

I am part of the parish Call and Care Scheme.

My phone number is

If you are self-isolating due to COVID-19, I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent supplies

Just call or text me and I will do my best to help you

Please ensure you confirm your Parish Contact's identity card with photo ID.

Coronavirus is contagious. Please only spread kindness. Avoid physical contact (2m distance). Wash your hands regularly, Items should be left on your doorstep.

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